

DAM 5000 m

| Placering | Nr | Chip | Efternamn | Förnamn | Klass | Distans | Ort/Klubb | Tid |
|-----------|----|---------|----------------------|-----------|-------|---------|---------------|----------|
| 1 | 2 | GI00202 | Johansson-Sponseller | Camilla | Dam | 5000m | Umeå SS | 01:08:31 |
| 2 | 14 | GI00214 | Thuné | Ulrika | Dam | 5000m | SK Sydsim | 01:08:42 |
| 3 | 7 | GI00207 | Boström | Malin | Dam | 5000m | Karlskrona SS | 01:21:35 |
| 4 | 5 | GI00205 | Blasek | Ida | Dam | 5000m | VÄXJÖ | 01:27:11 |
| 5 | 1 | GI00201 | Cser | Beatrix | Dam | 5000m | Karlskrona SS | 01:29:06 |
| 6 | 9 | GI00209 | Timossi | Margareth | Dam | 5000m | SK Neptun | 01:36:13 |
| 7 | 18 | GI00218 | Kjellsson | Stina | Dam | 5000m | KARLSKRONA | 01:58:24 |
| 8 | 8 | GI00208 | Haglycke | Malin | Dam | 5000m | Hvetlanda SS | 02:05:15 |

HERR 5000 m

| Placering | Nr | Chip | Efternamn | Förnamn | Klass | Distans | Ort/Klubb | Tid |
|-----------|----|---------|-----------|-----------|-------|---------|---------------|----------|
| 1 | 15 | GI00215 | Carlsson | Hampus | Herr | 5000m | VÄXJÖ | 01:07:49 |
| 2 | 11 | GI00211 | Rosendahl | Michael | Herr | 5000m | Karlskrona SS | 01:08:49 |
| 3 | 4 | GI00204 | Santos | Cristiano | Herr | 5000m | GÖTEBORG | 01:12:31 |
| 4 | 6 | GI00206 | Nordebo | Jonatan | Herr | 5000m | UMEÅ | 01:17:26 |
| 5 | 13 | GI00213 | Borgström | Ulf | Herr | 5000m | Markaryds SS | 01:17:31 |
| 6 | 17 | GI00217 | Nilsson | Fredrik | Herr | 5000m | KARLSKRONA | 01:22:50 |
| 7 | 12 | GI00212 | Herrning | Petter | Herr | 5000m | TORSLANDA | 01:25:14 |
| 8 | 3 | GI00203 | Brink | Conny | Herr | 5000m | NORRKÖPING | 01:25:59 |
| 9 | 10 | GI00210 | Kämpe | Markus | Herr | 5000m | VÄXJÖ | 01:28:14 |
| 10 | 16 | GI00216 | Tillemark | Henrik | Herr | 5000m | VÄXJÖ | 01:30:51 |